

SOUTHMORELAND FOOD SERVICE DEPARTMENT

FREE SCHOOL MEALS

Information & Support



CONTACT INFO:

Vicki Capone, Food Service Director (caponev@southmoreland.net)

Gail Ellenberger, Secretary (ellenbergerg@southmoreland.net)

Food Service Office Phone: 724-887-2015

SPC Head Cook-Kelly Smitley 724-887-2028

SES Head Cook-Deanna Sirgey 724-887-2050

MS Head Cook-Melinda Lewandowski 724-887-2053

HS Head Cook-Bonnie Wiltrout 724-887-2910

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(This is an informational page; we are unable to reply to comments there, please contact us by phone or e-mail)

NATIONAL SCHOOL BREAKFAST PROGRAM

Breakfast includes entrée with whole grains &/or lean protein, fruit, 100% juice and 1% white milk.

NATIONAL SCHOOL LUNCH PROGRAM

Our lunch program offers a variety of student friendly entrees (consisting of lean protein and whole grain) along with 2 vegetable choices (cooked & fresh, they may take both), fruit (either fresh, canned, dried or 100% fruit juice) and choice of 1 % white or 1% chocolate milk. Students MUST take 3 items on their tray, 1 MUST be a fruit or veggie.

BRINGING A LUNCH FROM HOME?

Students may select a "Lunch Helper" bag containing milk, fruit & a grain item (such as goldfish crackers) at NO CHARGE!

We are an equal opportunity provider & employer.
Cafeteria substitutes needed. Call Vicki or Gail for more info.

SPECIAL DIETARY NEEDS/ALLERGIES

ADVANCE NOTICE IS REQUIRED FOR ANY ALLERGY/SPECIAL DIET REQUESTS SO WE CAN EVALUATE THE REQUEST, RESEARCH OUR FOOD LABELS, PURCHASE FOOD AND CONTACT THE PARENT FOR CLARIFICATION AS NECESSARY.

Please see our website at www.southmoreland.net for instructions & forms on proceeding with special dietary requests.

Note: Only in the case of a disability are alternative forms of milk substitutions, such as water or juice, allowable or meal modifications able to be made.

Do not include "dislikes" on your nurse/allergy form.

FOR EXAMPLE, IF YOU INCLUDE MILK AS AN ALLERGY, YOUR CHILD WILL NOT BE ABLE TO RECEIVE PIZZA, CERTAIN BAKED GOODS OR OTHER FOOD ITEMS CONTAINING MILK.

Current 2021-2022 Meal Prices:

THANKS TO USDA WAIVERS, THERE WILL BE NO CHARGE FOR 1 BREAKFAST & 1 LUNCH MEAL FOR ALL DISTRICT ENROLLED STUDENTS THIS YEAR

However, it may be beneficial for your household to complete a free and reduced application to be eligible for other programs offered through the government (such as the recent P-EBT cards issued), as the school district database of eligible students is used for this purpose.

If your children are approved, these benefits will also carry over to the first 30 days of the 2022 - 2023 school year.

You may apply online for Free and Reduced meals any time during the school year at www.schoolcafe.com

Menus will be posted monthly on the district website (www.southmoreland.net; see Food Service) & Scottie Channel but due to unprecedented supply chain issues, menu items are subject to change.

When changes to the posted school menu become necessary, we will attempt to substitute the scheduled menu item with another that is as similar as possible.

Cafeteria procedures may change if the district health & safety plan is revised.

Cafeteria charges carryover from year to year & school to school. Please contact the Food Service Office to arrange a payment plan for debt.